PILLOW TALK
COMPANION GUIDE

Introduction

Let's Start the Conversation

We're so excited you've started this journey with us!
Whether you're newly married, celebrating decades together, walking through a difficult season, or simply wanting to grow closer, choosing to invest in your marriage matters. **Pillow Talk is an invitation to slow down, reconnect, and have the conversations that matter most.** Some will be easy. Some may stretch you. But each one is designed to help you grow closer to God and to each other. This journey isn't about having a perfect marriage. It's about two imperfect people choosing to grow together, invite Jesus into every area of their relationship, and keep saying yes to one another. **Healthy marriages don't happen by accident—they're built one intentional conversation at a time.**

Discuss Together

1. What do we love most about our marriage right now?
2.What area of our marriage would we most like to strengthen?
3. What do we hope God does in our marriage through this journey?

Make the Committment

Set aside time to go through this journey together. Watch the video, read the chapter, and use the companion guide to keep the conversation going. Come with an open heart. Give grace, listen, learn, and grow—and invite God into every conversation. **We're honored to be on this journey with you.**